

PANTRY INVENTORY

Vegetables and Fruit

Grains & Cereals

Proteins

Baking Needs & Sweets

Oils, Vinegars, & Flavourings

Spices, Herbs & Seasonings



FRIDGE INVENTORY

Vegetables and Fruit

Grains & Cereals

Dairy and Eggs

Proteins

Condiments & Flavourings

Leftovers to Use Up



FREEZER INVENTORY

Vegetables and Fruit

Proteins

Prepared Meals & Sides

Baked Goods

Breakfast Items

Dessert Items

Other